

How Well Do You Know Your Young Adult- Interview

If you have completed the quiz on how well you know your young adult, you can now do a reality check and ask your young adult the same questions. Once you have completed the interview and captured their answers, compare these with yours to see how close your perceptions match their answers. You could also do this one question at a time. Good chance to start a dialogue with your young adult.

- _____ 1. What do they like about themselves?
- _____ 2. What do they dislike about themselves?
- _____ 3. What was the most difficult challenge they faced in growing up?
- _____ 4. What were their greatest achievements in growing up?
- _____ 5. What were their greatest disappointments?
- _____ 6. What do they most like about their life now?
- _____ 7. What do they most dislike about their life now?
- _____ 8. What are one or two of the most difficult challenges they believe they face at this time in their life?
- _____ 9. What makes them happy?
- _____ 10. What do they most appreciate about you as a parent?
- _____ 11. What do they want to accomplish in the next five years?
- _____ 12. What help, if any, do they want from you as the parent(s) to enable them to accomplish their goals in the next five years?
- _____ 13. What strengths or skills do they believe they have to accomplish these tasks?
- _____ 14. Where do they hope to be living and what do they hope to be doing five years from now?
- _____ 15. How would they like to see the relationship change between them and you over the next five years?
- _____ 16. What do think they would say is their aim or purpose in life?

HOW DID YOU DO? 0-5 Checked = Are You Sure You Have A Young Adult?

6-10 = Okay you have noticed your young adult Over 10-Good Job

To learn more about how to understand and connect to your young adult, consider ordering – *Can You Speak Millennial?ese?* available at parentslettinggo.com